SPEAK OUT

"What Advice Would You Give to Incoming Freshmen?"



Alexis Holly (she/her)
Junior International Affairs Major
Economics Minor
Raleigh, North Carolina
"The freedom that you'll experience coming into Howard is so precious. It's freedom that we don't get to experience in many other moments. Take advantage of this freedom by channeling it into figuring out who/what/why you are. Ask questions. Go out and DO. Set goals and parameters as you grow into this experience. You will see how you evolve your environment, and how it evolves



Jabari Richardson (he/him)
Junior Television & Film Major
Political Science Minor
Memphis, Tennessee
"Explore as many routes as possible to achieve your dreams. Life doesn't always happen the way you think, so go where life takes you and trust that all roads lead to success if you're consistent."



Jai Dahmani (he/him)
Senior Fashion Design Major
Orange, New Jersey
"Don't be scared, this is your stomping ground. This is where you figure out who you are and prove to yourself you can go farther than you ever thought possible. Do everything because you never know where a Howard street will take you in the end."



Lourena De Abreu (she/her)
Senior Bioethics Major
Philosophy Minor
Ann Arbor, Michigan
"Give yourself compassion since you're only human. Only fill your plate with what you can handle and things that can add value to your life. Set boundaries for yourself. Respond with compassion and love, make a list of your fears and ways you can face them. Drink lots of water all the time!"



Yasmine Grier (she/her)
Senior Political Science Major
Sociology Minor
Baltimore, Maryland
"Cultivating a community of reliable friends, sisters, and brothers, will be what gets you through your time at Howard. The networking with professors, GPAs, and organizations mean little if you don't have people to lean on along the way. College is tough. It will probably be the hardest years of your life thus far. Howard is filled with amazing students who are ready to form friendships and circles to hold you up and for you to lend them a shoulder. Even if you don't keep every friend from freshman year, a circle of strong, genuine relationships is extremely important!"

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